

Pool Hours

Oyster Creek Regional Park

6791 San Casa Drive
Englewood, FL 34224

Phone: 941.681.3743

Tuesday to Friday
10:00 a.m. to 6:30 p.m.

Saturday & Sunday
12:00 p.m. to 6:00 p.m.

Port Charlotte Beach Park

4500 Harbor Boulevard
Port Charlotte, FL 33952

Phone: 941.629.0170

Tuesday to Friday
9:00 a.m. to 4:00 p.m.

Saturday & Sunday
11:00 a.m. to 5:00 p.m.

South County Regional Park

670 Cooper Street
Punta Gorda, FL 33950

Phone: 941.505.8686

Tuesday to Friday
10:00 a.m. to 6:00 p.m.

Saturday & Sunday
11:00 a.m. to 5:00 p.m.

www.CharlotteCountyFL.com



Aquatic Programs



Winter 2009 - 2010

A program of Charlotte County Government.

Aquatics for Fitness - Lap Times - Classes - Family Fun

AMERICAN RED CROSS WATER SAFETY CLASSES Lifeguard Training Course

Oyster Creek Regional Park Pool
October 10 to October 28
Mondays, Wednesdays & Thursdays
6:00 p.m. to 9:00 p.m.
Saturdays
8:00 a.m. to 5:00 p.m.
Cost \$150.00

Lifeguard Challenge Recertification
South County Regional Park Pool
Saturday, December 5 at 10:00 a.m.
Cost \$50.00

WINTER BREAK AQUATIC SCHOOL

American Red Cross Lifeguard Training or Lifeguard Instructor Course

Oyster Creek Regional Park Pool
December 21, 22, 23, 28, 29
8:00 a.m. to 5:00 p.m.
Cost \$150.00

15 years or older for Lifeguard Training
16 years or older for Lifeguard Instructor

Registration Dates: Students may register after passing a swimming pretest on or before December 17, 2009.
Students will receive National Certification upon successful completion.

FAMILY FUN

Birthday Pool Parties

Pool Parties available at
Oyster Creek Regional & Port Charlotte Beach Pools
Celebrate your day or any special occasion
with a Pool Party!

We supply the lifeguards, pool, pizza and drinks.
The rest is up to you!
Time: 5:00 p.m. to 7:00 p.m.
Cost \$150.00 for up to 15 people
\$10.00 each additional person

LAP SWIM TIMES

Space is limited! First come first serve!

Early Bird Lap Swim

At least four lanes will be available for early to rise lap swimmers.

South County Regional Park Pool
Tuesday to Friday 6:30 a.m. to 8:00 a.m.

Lunch Time Lap Swim

At least four lanes will be available for lap swimmers wishing to "work through lunch".

Oyster Creek & South County Regional Park Pools
Tuesday to Friday 12:00 p.m. to 1:00 p.m.

Twilight Lap Swim

At least four lanes will be available for the swimming enthusiast on the way home from work.

Oyster Creek & South County Regional Park Pools
Tuesday to Friday 6:30 p.m. to 7:30 p.m.

WATER EXERCISE PROGRAMS

Water Aerobics

Increase range of motion, strength, heart rate and breathing rate all in a relaxed, fun atmosphere.

Oyster Creek Regional Park Pool

Tuesday to Friday 9:00 a.m. to 10:00 a.m. and
6:30 p.m. to 7:30 p.m.

Port Charlotte Beach Pool

Tuesday to Friday 9:00 a.m. to 10:00 a.m.
Tuesday to Saturday 10:00 a.m. to 11:00 a.m.

South County Regional Park Pool

Tuesday to Friday 9:00 a.m. to 10:00 a.m.
\$3 per class.

Please consult your physician before beginning these or any other exercise programs.



The Parks, Recreation & Cultural Resources Department reserves the right to cancel, combine or reschedule classes due to low participation.

Upcoming Special Events!



Healthy Kids Festival
at
**Harold Avenue
Recreation Center**
Saturday, October 31
10:00 a.m. to 2:00 p.m.



**Holiday Extravaganza
& Santa Splash Party**
at
**South County Regional
Park**
Saturday, December 12
4:00 p.m. to 9:00 p.m.
\$5 per person



Senior Games
March 5 through March 13
Held at various
Charlotte County sites
One-time entry fee of \$12,
additional events \$3 each

This Olympic-style event focuses on athletic competitions, camaraderie, and recreational opportunities for seniors of 50 years old and above. Events include basketball, bowling, golf, tennis, bridge, swimming, track & field among others. Contact 941.627.1074 for further information.

Join us for a day of games, raffles, prizes and fun educational activities!

Learn how you can provide your child with a healthier environment by eating right, staying active and increasing awareness about the resources available to families in our area.

Please call 941.627.1074 for more information.

Bring your family for a fun filled day of holiday festivities featuring swim with Santa, games, holiday crafts and contests!

Learn to Swim Aquatic Programs - Spring 2010 Starting again March 16, 2010 - Call for details.

Course Descriptions

Parent & Child Aquatics (ages 6 months to 2 years): Water adjustment skills for parents and their children.

Adults (ages 18 and older): For those adults who want to learn to swim or just improve their stroke. The instructor will put together a plan based upon your individual goals.

Preschool (ages 3 to 5 years): Students will be taught basic swimming and water safety skills such as water adjustment, floating on front and back, beginner stroke, and changing directions.

Preschool 2 (ages 3 to 5 years who have completed Preschool Level 1 skills): Students will continue working on beginner stroke and floating on front and back. Students will begin learning breathing techniques, turning over front to back and swimming on the back.

Preschool 3 (ages 3 to 5 years who have completed Preschool Level 2 skills): Students will continue refining front crawl and back crawl skills and begin swimming for distance. Students will begin working on breaststroke, elementary backstroke and treading water.

Level 1 & 2 (ages 6 years and older): Students will work on basic swimming and water safety skills such as water adjustment, floating on front and back, crawl stroke, and changing directions.

Level 2 & 3 (ages 6 years and older who have completed at least Level 1 skills): Students will continue working on front and back floating, begin to swim crawl stroke with patterned breathing, learn back crawl, and treading water.

Level 4 (ages 6 years and older who have completed at least Level 3 skills): Students will continue working on front and back crawl and treading water. Students will begin learning breaststroke, butterfly, and elementary backstroke.

*Instructors are certified by the America Red Cross.

**If you are unsure where to place your child, please call the pool to schedule a skills assessment.

Private Swim Lessons are available by appointment only at

Port Charlotte Beach Pool, Oyster Creek Regional Park Pool and South County Regional Park Pool.

Admission*

Daily:	
Adult 18+	\$2.50
Child Under 18	\$1.50
Yearly Passes:	
Adult	\$ 75.00
Child	\$ 50.00
Family (4)	\$200.00
Additional Child	\$ 30.00
Swim Lessons:	
One Session- 8 Lessons	\$ 45.00
Private Swim Lessons:	
Each Lesson	\$ 25.00
Series of 5	\$100.00
Water Aerobics:	
Per Class	\$ 3.00

*All fees are plus sales tax

Rain Out Policy

The Aquatic Staff will make every effort to contact students when classes are cancelled for any reason. In the event of threatening weather, please contact the South County Regional Pool at 941.505.8686, the Port Charlotte Beach Pool at 941.629.0170 or Oyster Creek Regional Park Pool at 941.681.3743 no more than 1/2 hour prior to class time.



Make ups will be scheduled on an as needed basis during the week following the swim session at normal class time.